

Physical Education Classroom Expectations

1. **Be prepared**; fully dressed in appropriate clothing to assigned P.E. number, sitting down, facing forward, and silent.
2. **Respect for Mrs. Freitas and all visitors** who may address the physical education program by following all instructions.
3. **Respect for others** verbally and physically. Hands to yourself, unless otherwise instructed.
4. **Full participation** in class unless you have a written note from your Doctor or your parents have notified Mrs. Freitas.
5. **Respect for all physical education equipment and property** during P.E., recess, and lunchtime.
6. **Good Sportsmanship** with full cooperation and effort.
7. **No eating, chewing gum, or drinking** except water during class.

Consequences Grades K-3

First Offense:	Verbal warning.
Second Offense:	"Sad Face" note sent home.
Third Offense:	Sit out for recess, telephone call home
Flagrant Violation:	Principals Office, after-school detention assigned.

Consequences Grades 4-8

First Offense:	Verbal warning. At times, a general warning will be issued to the entire class.
Second Offense:	Note sent home, written warning given and/or telephone call home.
Third Offense:	Lunchtime detention seated at P.E. number. Student will write a note home and have returned by the next day signed by parent/guardian. If note is not signed and returned, automatic detention will be given.
Flagrant Violation:	Principals Office, after-school or lunchtime detention assigned.

Grades 4-8: If you have missed a Physical Education class, you can either make up the class by writing a 1 page, 12pt., 1-inch margin, double-spaced report on an athlete, sport, game, or health issue and return within 2 weeks of missing the class **OR** participate in a 45 minute (7:45-8:30am) morning P.E. class given once a month (make up dates will be posted on side of shed under "P.E. News").

updated 8/25/2010

***** ***** ***** CUT HERE AND RETURN TO MRS. FREITAS BY NEXT P.E. CLASS ***** ***** *****

I have read and understand the Physical Education Classroom Rules for 2010-2011.

Student

Date

Parent/Guardian